



Practice Interview Rating Sheet

Student: _____ Interviewer: _____

First Impressions

	Excellent	Average	Needs Improvement
Grooming			
Eye-Contact			
Posture/Body Language			
Facial Expression			
Handshake			
Comments			

Attitude/Behavior

	Excellent	Average	Needs Improvement
Respectfulness			
Enthusiasm			
Energy			
Sincerity			
Confidence			
Comments			

CONTENT/DELIVERY

	Excellent	Average	Needs Improvement
Speaks confidently			
Answers questions thoroughly			
Provides specific examples			
Demonstrates knowledge of position / trade			
Relates skills and experience to the position			
Conveys interest in the position			
Answers without rambling			
Asks questions of the interviewer(s)			
Comments			

OVERALL STUDENT RATING: _____

On a scale of 1 to 10 with 1 being the lowest and 10 the highest.

FEEDBACK AND ADVICE:
